Stay Curious

How Far You Go is Often a Result of where You Start

NPS International School

Outbound Programme

NPS International School, 10 and 12 Chai Chee lane, Singapore 469021

Tel.: +65 6294 2400  |  Fax.: +65 6448 2089  |  www.npsinternational.edu.sg
Classroom learning at NPSI is complemented by enriching outdoor experiences and challenges.

Hands-on, service-based travel and cultural experiences give students an opportunity to develop a tangible understanding of a foreign culture and land. Such trips encourage students to actively support a community in need and help pursue a wider array of individual and team activities. These experiences help students recognize the privileges they have been bestowed and develop a sincere desire to continue to think and act in the interests of others.

Such outdoor trips are offered on payment of costs by the students to defray the trip expenses. The trips are organised in collaboration with expert tour operators.

The school recognizes the importance of students staying away from their comfort zone and experiencing unfamiliar environments.

The school organizes appropriate outbound programs for all students from Grades 2 upwards.

Participation in these programs is optional and not compulsory.

These programs are organized through outbound program specialists.

Faculty from the school accompanies these groups, in addition to trained representatives of the service provider.

Destinations vary from year to year; as new tours may be added.

The trips range from 2 to 7 days depending on grade and activity.
Destinations

- Bali (Indonesia)
- Bintan (Indonesia)
- Sabah (Borneo)
- Rider’s Lodge (Malaysia)
- Pulau Tioman (Malaysia)
- Kota Tinggi (Malaysia)
- Phnom Penh (Cambodia)
- Maekok (Thailand)
Outbound Programme

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- Phnom Penh (Cambodia)
- Maekok (Thailand)
- Taman Negara National Park (Malaysia)
- Sentosa (Singapore)
- Nam Wa/Chiang Mai (Thailand)
- Krabi (Thailand)
- China
Activities

Beach Olympics
Cycling
Community Service
Camping
Wildlife Conservation
Trekking
Rock Climbing
Outbound Programme

- Beach Olympics
- Cycling
- Community Service
- Camping
- Wildlife Conservation
- Trekking
- Rock Climbing
Horse Riding
Batik Painting
Thai Cooking
Sky Walking
Zip Lining
Boom Netting
Raft Building
White Water Rafting
Swimming
Snorkelling
Chocolate Making
Abseiling
Outbound Programme

- Horse Riding
- Batik Painting
- Thai Cooking
- Sky Walking
- Zip Lining
- Boom Netting
- Raft Building
- White Water Rafting
- Swimming
- Snorkelling
- Chocolate Making
- Abseiling
Outbound Programme

SENTOSA: Grade 2

Underwater World is home to a number of exotic and endangered aquatic animals. These animals range from tube worms and sting rays to sharks and squids of colossal sizes.

The students spent their day wandering around the various exhibits and observing marine life. It was the perfect opportunity for their young minds to absorb and dwell on the wonders of the ocean. The trip served as a platform for the teachers to explain to the students how fast paced development and pollution degrades the marine eco-system. The teachers also took the time to share with them how small steps in conservation such as the 3 R’s—Reduce, Reuse and Recycle can yield long term benefits.

Vidushi Sinha

RIDER’S LODGE

GRADE: 3

Every year, the Grade 3 students, accompanied by a number of teachers, go on an outbound trip to Rider’s Lodge in Malaysia. They participate in a plethora of activities, including; horse riding, batik painting, cooking, nature trekking, playing cricket, outdoor lunches and papaya dances.

Being amidst lush greenery and scenic forests, the students felt a refreshing change from the concrete jungles that they were used to.

Even though, for many of them, it was their first time away home, the combination of the warmth extended to them by their guides and the fun they experienced, left little time to miss Singapore.

Maazin Buhari

We tried our hands at Batik Painting. We enjoyed colouring the horse and the background, using a lot of bright colours.

Dia Deepak

We watched an amazing documentary on marine organisms. I was surprised by the number of interesting facts I learnt about some of them!

Kayya Nair
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Kavya Nair

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Dia Deepak

After arriving in Bintan, we dived headlong into a range of activities, such as sky walking, coconut tree climbing, swimming in the sea and dragon boat racing.

After dinner, we had the chance to go on a night walk, where we saw fireflies, they looked so pretty in the dark!

On the last day of our stay, we enjoyed a bonfire accompanied by music.

Apurva Kulkarni

My favourite part was the zip line. We had to jump off a ledge which was as tall as a two-storey building and zip line across the lake.

Samyuktha Nori

I loved building the raft because we worked as a team. I also like the way our teachers and instructors cared for us. I was in a team called ‘The Royal Ten’ and our instructor was Aria.

Rhea Sanklecha
We made chocolate from scratch by peeling cocoa seeds, roasting them and then pounding them on a stone. The taste of the chocolate was out of this world!”

Venu

The Grade 5 students experienced ‘green’ living at the ‘Green Camp’ at Bali, Indonesia while having lots of fun.

The river rafting activity was very adventurous and the ‘mud pit madness’ was a blast! We learnt about the paddy fields while swimming in the canal and even created our own organic pizzas. We tried to keep the rain off our heads by actually constructing huts with bamboo and grass.

The students learnt a lot and made interesting observations about environmental conservation. Here are some of them:

“We couldn’t imagine that there could be toilets without water and without smell as well. We can recycle our own wastes”, says Eshaan.

“Bamboo yurts with grass roofs were not only attractive but comfortable as well. Did you know that Bamboo grows fast and is renewable? No brick or mortar is used for buildings here,” say Mitali and Arushi.

Nida Sinha
Outbound Programme

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Nida Sinha

Bali:

Grade 5

NPS International School

Secondary

Place: The Lagoon, where we were staying, was on the beach from which you had the most beautiful view of the sea.

Activities: Swimming in the waterfall, Camping, Collecting firewood, Cooking Dinner, Campfire, Roasting Marshmallows, Hiking, Kayaking, Learning to read maps, 'The Juara Olympics' and Juara Turtle Project.

Juara Turtle Project: an organization that is trying to help turtles in Tioman.

The volunteers explained to us the need for such a project and how they go about saving sea turtles. We were so motivated that we decided to sponsor a turtle nest to do our bit for the project. A token sum was collected from each student and the teachers. We were promised by the project head that they would send us pictures of the baby turtles from our nest once they hatch out of the eggs. It takes around 60-70 days for the eggs to hatch and I am very excited to see it! - Neha Gupta
The prospect of an outbound trip— a week away from home, away from school, projects and homework, enjoying with your friends— would send any 8th grader to cloud nine.

We were welcomed by fast and furious speedboats whizzing through the ocean that took us to the island of Sepanga. We greatly enjoyed competing against each other in pitching tents and swimming in the ocean. Another speedboat took us to our true destination the next day— Manantani Island. Here we relaxed in swinging hammocks near the sea breeze, played "newcomball" (Little Planet’s twist on volleyball) and swam in the ocean for hours. We were in for a surprise for the next half of the trip; we arrived at Kijulu river base camp. The sand, ocean, seashells and corals were replaced with rapids, river rock, luscious grass, and a fast-moving river. With a huge field granted to us to play in, we spent the rest of our day playing football and other games.

Our nights were spent in the open. Quite literally, in the open. We slept in comfy hammocks draped with bug nets (to protect us from the creepy-crawlies, of course!) It was hilarious to see people clumsily climb the hammocks in the dark!

We spent a day braving the high-ropes (rope courses that stood 15 meters off the ground!), abseiling (gently lowering down a cliff while enjoying the view) and rock climbing. Even the teachers were daring enough to do these activities, and they enjoyed it immensely! The day ended on a high note when we zip lined across the river.

The final day really tested our strength and talent. We rafted along the river, paddling for 14km! We paddled through rapids, calm waters and even stopped for a mud war! It was great fun. The last day ended with a Grand Finale Bonfire where we roasted marshmallows!
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This trip taught us many lessons on independence, endurance and teamwork. At the same time, it was a cheerful and memorable experience for all of us. We will never forget the raft building and camping under the stars! Ishita Bannerjee

China: Grade 9

We were under the impression that we would be staying in a hotel, but we were in for a surprise! We actually lived in tents, out in the wilderness for the majority of the trip! That’s right—we cooked our own food, set up our own tents and had the freedom to jump into the lake, when we felt like taking a swim. Vidushi Sinha
On the 6th of August, we, the students of Grade 10 set out on what was to be one of the most memorable trips of our lives. We left for Chiang Mai, Thailand filled with anticipation and overwhelming excitement. All of us looked forward to a week packed with activities. Most importantly, we were excited about spending time with our friends and away from the confines of our school and our parents!

We landed at the airport to be greeted by cheerful locals and the fresh scent of the lush greenery that enveloped the entirety of northern Thailand. We were assigned small groups with which we were to travel over the next few days; little did we know that these companions of ours were to become so close in the time to come.

We did various team building exercises from planting trees and conserving the environment to the boys and girls competing to build the best dam on a small stream. We helped each other through the strenuous exercises and had fun throughout. The next few days passed in a flurry of training for the soon to come white water rafting, trekking from one point to another and having the time of our lives. From mindless snacking during our hikes to taking endless photographs at every possible checkpoint, we enjoyed every moment of our trip!

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The last two days were filled with frantic shopping sprees at the night market and various other local shops. The lengthy van rides with the same people resulted in many of us making new friends and growing closer to our two teachers. This week was filled with many new and fulfilling experiences that will stay with us forever.

Maazin Buhari
Outbound Programme

This is one of those places, where no amount of time spent is ever enough, because you want to stay there for just a little longer. To see a country so prosperous, especially after the atrocities it has suffered is truly awe-inspiring. What a country, and what a trip!

Shravan Krishnan

Phnom Penh, Cambodia:

A city that effortlessly blends cultures of various nations, Phnom Penh overcomes the expectations of the adventurous traveller. To emerge powerfully from a dictatorial tyranny just a few decades ago, it is beyond anything any other city in the world can accomplish. From French colonialism to Khmer Indo-China, the city has it all and when you think there is nothing more, you doubt yourself the very next moment. From its historic temples to archaic ruins, vast forests and bustling markets, food unparalleled to any other in the continent and people so friendly that you can’t help but wonder how they manage it. A life changing experience for all of us; the trip to Cambodia offered us an unpretentious and wonderfully raw outlook on life. It showed us how good food, life amongst nature and positive human interaction alone is enough not only to get you through the day but also to keep us contended.

At the Phnom Tamao Zoological Park and Wildlife Rescue Centre, we worked inside a 2,500 hectare protected forest which was home to “Free The Bears”, an organization that is devoted to the conservation, protection and rehabilitation of wild bears in countries such as China, Cambodia, Thailand and India. A truly remarkable journey—learning about a movement that works so closely with animals from those who are most passionate about it.

No one expected that a country destroyed a few decades ago could provide such an enriching and joyous experience. One must live the life and connect with the people in order to understand its charm and diversity. On a superficial level, it might not seem much; but as you explore deeper, you will be awestruck.

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Maazin Buhari
There aren’t enough words within the existing limits of linguistics to describe this experience.

From Free the Bears to learning about the Khmer Rouge to eating some of the greatest food in the world... and more, so much more.


Maazin Buhari, IB Year 1 2013

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